

Creating a Non-Profit Charity to "Make Dreams Come True"TM for children & young adults with complex medical issues (How I became a Fairy Godmother)





## Katie Capitulo PhD, RN, FAAN, FNYAM, IIWCC, CNS-C New York City, N.Y.

- RWJ ENF Alum (2004 "Best Cohort Ever")
- President, Fairy Godmother Foundation of NY, Inc.
- Professor, Icahn School of Medicine at Mount Sinai, Rory Myers
   College of Nursing, NYU, NYC; and Zhengzhou University, China
- Editorial Board, Advances in Skin & Wound Care
- Executive Board, World Council of Enterostomal Therapists (WCET)
- Chief Nurse Executive (ret), James J. Peters VA Medical Center, Bronx, NY
- Past board member of Nursing Associations & non-profits

#### What is a non-profit organization?

- Mission-driven
- Revenue is dependent on donations, grants, fund-raising campaigns / events, membership fees.
- Reinvests surplus revenue into the organization.
- In the US, designated by the IRS as a tax-exempt charity, under the IRS 501(c)(3) code.

- Governance is provided by a Board of Directors, providing administrative, legal and fiduciary oversight.
- Staffing:
  - Volunteers to help carry out their programs and activities.
  - Some have paid staff for day-to-day operations and programs



# Why start a non-profit??

- \* Solve a Problem
- Make a Difference
- Meet an Unmet Need
- Continue Unfinished work
- \* Advance a Cause
- \* Advocacy
- Giving Back / Paying in Forward
- Professional / CommunityDevelopment





Meet Linda...

Age 2.75





Age 18.5

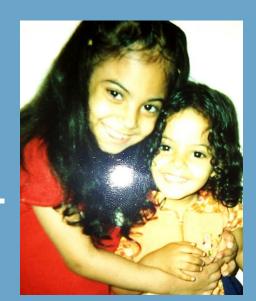


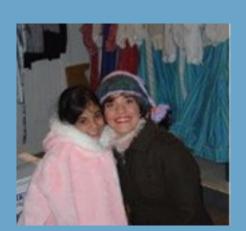


- Friend
- Health Care Navigator

























### Linda – 1997 - 2016







- To create a living legacy for Linda
- To replicate the kindnesses and experience that Linda had received for other children & young adults
- Invited my close friends / colleagues / Linda's health professionals to join the new Board
- Within 5 months
  - Incorporated the Foundation in NYS
  - Became a 501(c)(3) Charity approved by IRS
  - Formed a Board of Directors
  - Wrote and adopted Bylaws
  - Developed a website
  - Booked and planned a fund-raising Gala
  - Started granting dreams



#### The Board

- Pediatric Nurses (including Melissa)
- APNs
- Social Workers
- Lawyer
- Physician
- Art Teacher
- Hospital Executive Assistant
- Social Worker Web / Media
   Designer
- All Volunteers who knew Linda
- Officers volunteered
- Executive Council



#### **Board Strengths**

- Passionate about Mission
- Strong clinical relationships generating dream referrals
- Contribute a variety of talents

#### **Board Development**

- Annual Strategic Planning Meeting
- Books & Articles
- Fund-Raising Strategies
- Mentoring

#### **Board Communication**

- Monthly ZOOM Board Meetings
- Committee Meetings
- Emails / Texts / Calls







### Role of the Board

- Fund-Raising
  - . Events
  - Donors
  - Giving
- Dream Granting
  - Getting Referrals
  - Coordinating the Dreams



#### Committees

- Dream
- Finance
- Development

#### **Staff**

- Pro Bono
  - Bookkeeper
  - Social Media
  - Graduate MBA Non-Profit Accounting Class
- Paid (Initially pro-bono, 6<sup>th</sup> Year first people receive honorariums)
  - Web / Media
  - Accountant



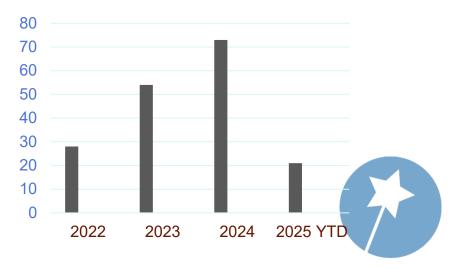


#### **Expenses**

- Events (nearly 50% of the event, e.g. Gala, Golf, Cocktail Party)
- Donor Management System
- Other Payment System (Paypal)
- Computers / Printer
- Office Supplies
- Printing
- Fees:
  - Filing Charity Forms in NYS



#### **Dreams**



Opportunities & Challenges





